2023 Summer Athletics Information

All student-athletes must go through the clearance process to participate in Summer Workouts at Juanita High School

Registration for Summer Athletics opens in FinalForms May 1,2023

https://lakewashington-wa.finalforms.com/

This registration is for 2023 Summer Athletics Only

You will register again for any regular season sports you plan to participate in

- Registration and Payment deadline is Tuesday, June 20 @ 11:59PM
- Late registrations will not be accepted.
- The Athletics Office will close on June 23 for the Summer

Summer Workouts

- A participation fee will be collected for Summer Workouts
- You may register for more than one sport; each sport has its own participation fee of \$50.
- It is your responsibility to determine if you can coordinate the schedule of multiple sports.
- Financial Assistance is available Please use this link for more information https://www.lwsd.org/students-families/how-to-waive-extra-curricular-fees-for-high-school

Individual sports schedules are determined by each coach, please contact the coaches directly for more information.

Sports being offered:

- All-Sports Strength & Conditioning Coach Samy Habib <u>SHabib@lwsd.org</u>
- All-Sports Strength & Conditioning Coach Michael Brandenburg MBrandenburg@lwsd.org
- Football Coach Jared Carter <u>JaCarter@lwsd.org</u>
- Wrestling Coach Kevin Corbett <u>KeCorbett@lwsd.org</u>
- Volleyball Coach Mark Thornburg <u>MThornburg@lwsd.org</u>
- Men's Basketball Coach Gordon Kaplan <u>GKaplan@lwsd.org</u>
- Women's Basketball Coach Katya Yancheva <u>KYancheva@lwsd.org</u>
- Women's Soccer Coach Dan Faires <u>DFaires@lwsd.org</u>
- Golf (Coed) Coach Mike Fleming <u>MFleming@lwsd.org</u>

Summer Athletics covers 20 hours of programming at a cost of \$50 to studentathletes for each sport chosen. Athletes may sign up for more than one sport during the summer.

Eligibility Process

- Payments
 - Credit and Debit card payments can be made online thru the LWSD Online Payment System https://payments.lwsd.org/
 - The last day the bookkeeper is available to accept payment by +cash or check is Tuesday, June 20.
- While there are no grade requirements for summer athletics, keep in mind that the initial grade check for Fall Sports will be based on your 2023 Spring Semester Grades.
- > Online registration is completed through FinalForms https://lakewashington-wa.finalforms.com/
 - o Have your insurance and any other health information near you before you begin the registration process.
 - o A reminder that students must also sign electronically through their LWSD student email.
- A current physical is required to be on file in the JHS Athletics office. Physicals are good for 2 years from the examination date. If you do not have a physical, you may print a physical form from the JHS Athletics Eligibility Page to take to your physician or pick one up in the athletics office. The physical must be on file in the Athletics office. ImPACT (baseline concussion) testing may also be required our Athletic Trainer will be in contact with those individuals' following registration.

For Your Planning Purposes

Here is the list of 2023-2024 Fall Sports, including their start dates and registration deadlines.

- Fall registration will open on August 1, 2023
- Note that Fall sports tryouts and practices begin before the start of the school year.
- Students may only sign up for 1 sport if you register for a cut sport and do not make it, you will be able to move to a non-cut/non-capped sport.

Sport	Start Date	Registration Deadline to be cleared for 1st Day	Last date any registration will be accepted
Cross Country	Monday, 8/21	Sunday, 8/20	Sunday, 8/20/2023
Football	Wednesday, 8/16	Tuesday, 8/15	Sunday, 8/20/2023
Golf (Men's) (Tryouts 8/21-8/23)	Monday, 8/21	Sunday, 8/20	Sunday, 8/20/2023
Slow-pitch Softball	Monday, 8/21	Sunday, 8/20	Sunday, 8/20/2023
Soccer (Women's) (Try-outs 8/21 -8/23)	Monday, 8/21	Sunday, 8/20	Sunday, 8/20/2023
Swim & Dive (Women's)	Monday, 8/21	Sunday, 8/20	Sunday, 8/20/2023
Tennis (Men's)	Monday, 8/21	Sunday, 8/20	Sunday, 8/20/2023
Volleyball (Try-outs 8/21-8/23)	Monday, 8/21	Sunday, 8/20	Sunday, 8/20/2023

^{**}Fall is a separate registration and participation fee from Summer Athletics**