



2022-2023 School Year

RUNNING START

JHS Information Session

Running Start: Outline



1

For Juniors (class of 2023) and Seniors (class of 2024) that are on track to graduate

2

Students take classes at local colleges and complete their graduation requirements at the same time.

3

Simultaneously earn high school credit and possible college credit.

- College Credit recognized by Washington state colleges
- Colleges outside Washington state may or may not grant college credit.

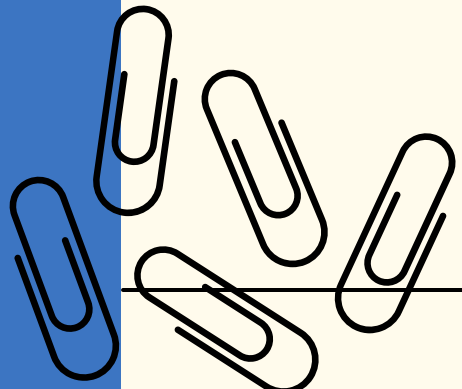
4

Possible to earn your Associates Degree if you take a full time load for two years, please speak with your counselor about this option.

Conversion of College Credit to High School Credit

College Credits	6	1.2	High School Credits
	5	1.0	
	4	.80	
	3	.60	
	2	.40	
	1	.20	

Note: Majority of college classes are 5 credit classes

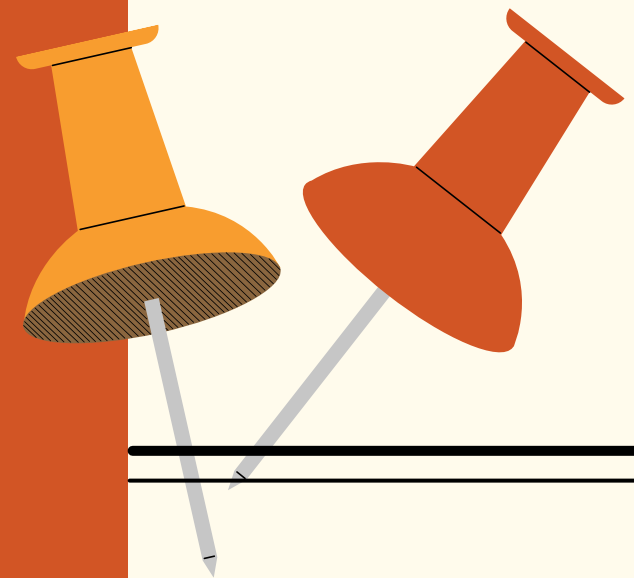




Logistics

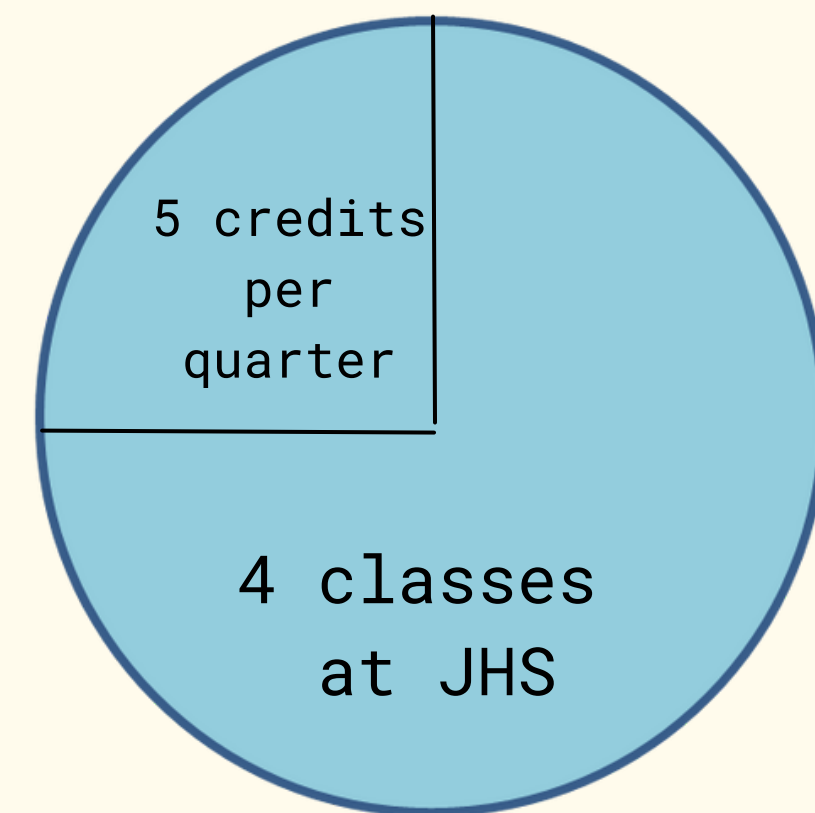
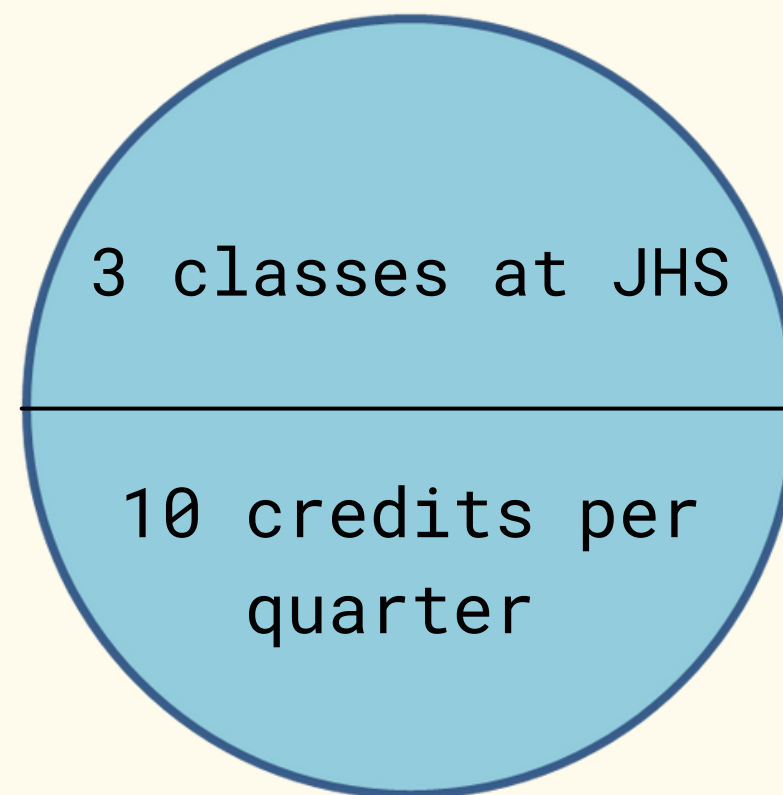
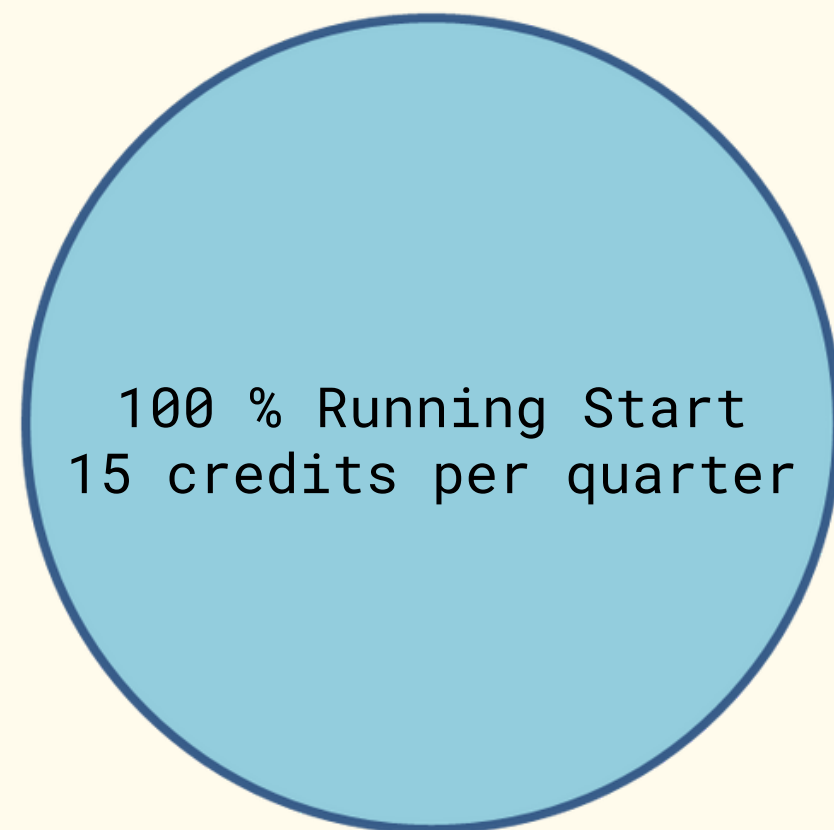
Note to student: There is an option to earn your AA along with a non JHS diploma. Please ask your counselor of more info.

- Running Start money only pays for tuition in the fall, winter, & spring quarter.
- Tuition money does not pay for transportation, class fees, and textbooks.
- Check with specific college for funds to help with non-tuition expenses.
- Only pays for classes at 100 level or above, e.g.: Eng 099 does not qualify.
- FTE may change due to scheduling



FULL TIME VS PART TIME RUNNING START

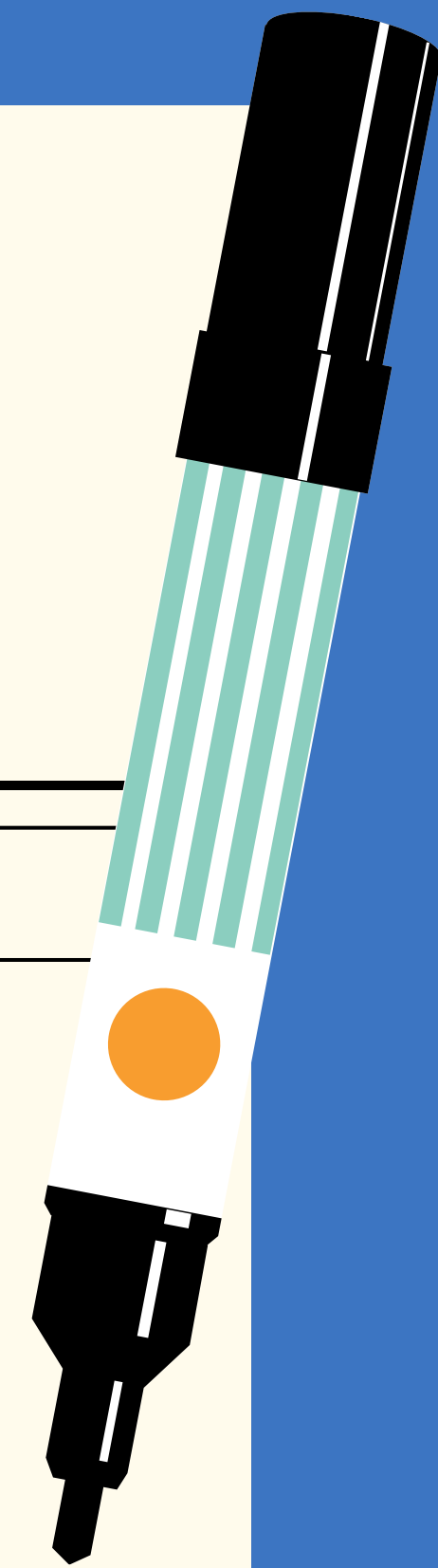
The Running Start/High School Pie



You can take 1st period at JHS and still be eligible for 15 credits at Running Start



Examples of Schedules



Full Time Running Start		Part time Running Start	
Courses ONLY at the College		At JHS	At the College
English 101 History 148 Business 101		Pd 0: Orchestra Pd 1: AP Stats Pd 2: Chemistry AC Time/Homeroom Pd 3. Walking and Yoga	1. English 101
*** Full time RS students are still considered JHS students and can participate in all JHS activities***			

Sports and Running Start

Grade Checks need to be
coordinated with Mrs.
Blanch @ kblanch@lwsd.org

- You are considered a non-traditional student
- Enrollment in less than 1.0 FTE may make you ineligible for sports
- It is the student's responsibility to submit grades at grade checks to Mrs. Blanch
- Only students can submit grades to the Athletic office (not parents)
- Students must work with professors to make sure grades are posted for grade checks
- You must schedule your Running Start classes around your practice times



Your Next Steps

Note to student: EVF's need to be requested each quarter. Please use your counselor's preferred method when requesting them.

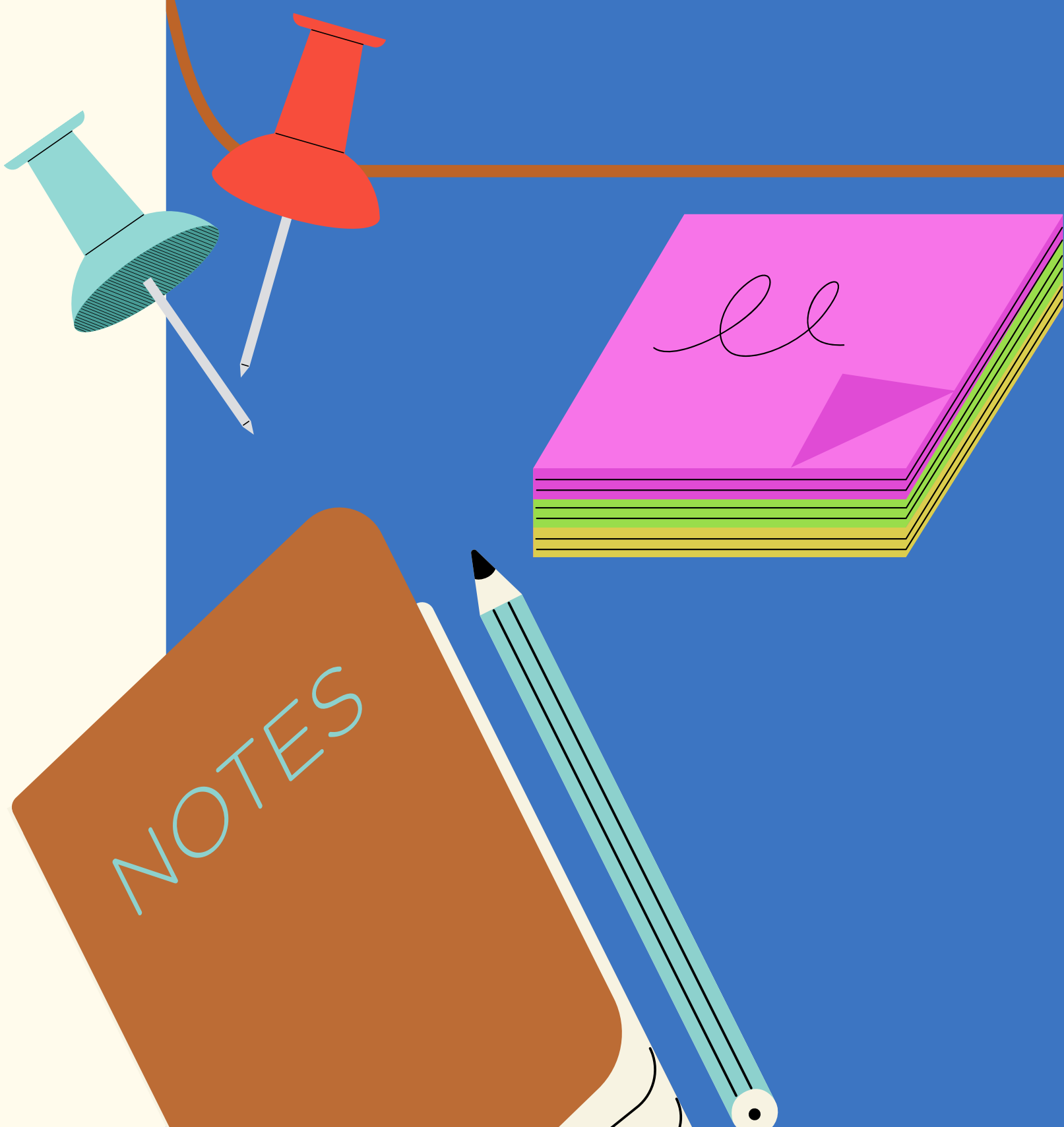
- Attend a school specific session after this presentation & Sign up and register with the college via their website.
- Students must show the college they can place into at least English 101 to participate (SBA scores, Placement Test, GPA Submission)
- Request an appointment with JHS counselor via MS Forms listed on our Website. Upload of completed paperwork required for appointment request.
- Counselor and student meet (individually and/or small groups) to review grad reqs and complete Enrollment Verification Form (EVF)
- Return completed EVF to college and work with them to register

Important things to Remember!

- Running Start classes are **COLLEGE** courses. **STUDENTS** are held to the expectations of a college student
 - Keep track of your work
 - Check in with professors
- Refer to your counselors process of requesting EVF, and give them time to fill them out - at least a week notice. If you need an appointment you **must** schedule that ahead of time.
- Vacation times vary between JHS and colleges.
- **STUDENTS** must check the JHS Weekly Bulletin, calendar and use JHS email. Emails regarding Running Start or academics not sent from an LWSD account may not be replied to.
- Since you are a college student, it must be the **STUDENT** that communicates with JHS counselors and the college.
- Students must reset their LWSD passwords at the start of the year with Ms. Warren
kewarren@lwsd.org



MORE THINGS TO REMEMBER



You must keep up on completing your High School and Beyond Plan via Xello. Completing this every year is a graduation requirement.

By completing and uploading the required Running Start paperwork, you are agreeing to follow the expectations outlined in the packet.

You might still be required to take the SBA

Please refer to your counselor's preferred method of requesting your EVF each quarter



[HOME](#) > [COUNSELING](#) > [RUNNING START](#)

Running Start

Running Start Orientation

Attending the Running Start Orientation is the first step you need to complete on your journey to becoming a Running Start Student.

Date: Wednesday March 23rd
Time: 1:45 pm
Location: CCC Teams Page

After you attend the orientation session and follow the steps outlined in the presentation, You can request an appointment with your counselor.

**** Running Start program allows 11th and 12th grade high school students to take college-level courses at community and technical colleges. Students can earn both high school and college credits through this partnership between the K-12 and community college systems.****

Interested in Running Start but not currently enrolled at Juanita?

I AM ENROLLED IN ANOTHER LWSD HIGH SCHOOL BUT MY HOME SCHOOL IS JUANITA.

I ATTEND NON LWSD SCHOOL BUT JUANITA IS MY HOME SCHOOL

I AM A HOMESCHOOL STUDENT BUT JUANITA IS MY NEIGHBORHOOD SCHOOL

JHS Running Start Forms

JHS RUNNING START PACKET

How to Request an appointment with your counselor

You will need to go through the Running Start
Packet with your parent/guardian, fill out all the
information and upload it to the correct link on
our website

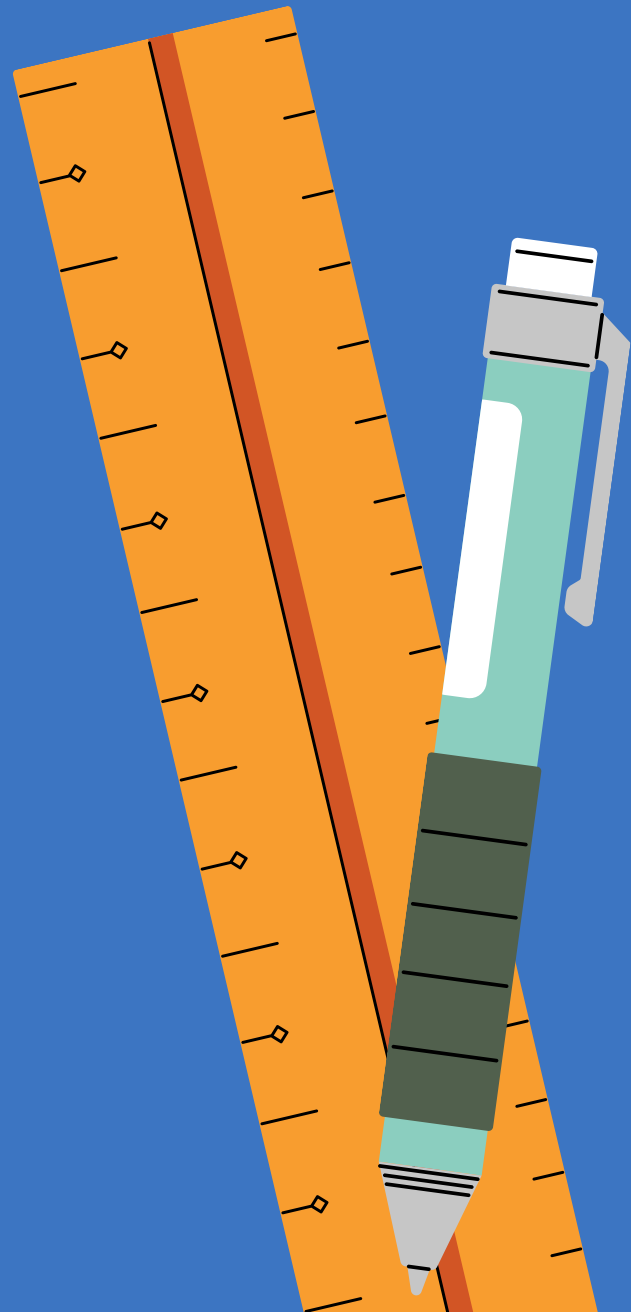
A-Da use Ms. Chow's Form

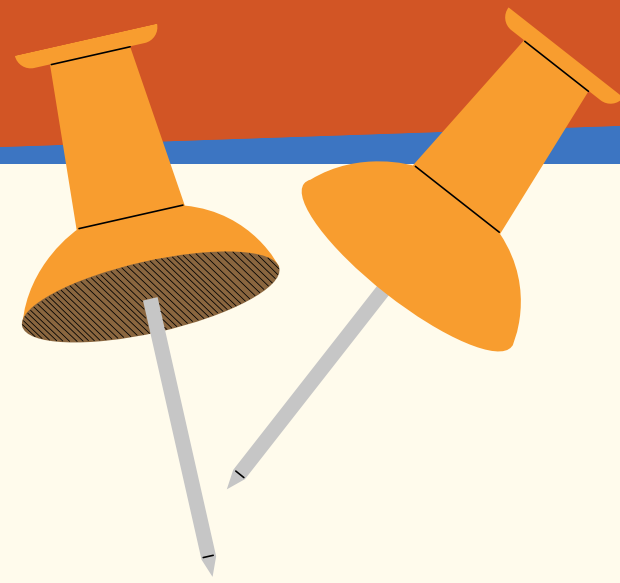
De-Ka use Ms. Sessions' Form

Ke-N use Mrs. Bainter's Form

0-St use Ms. Hunsberger's Form

Su-Z or Spanish Speaking use Ms. Bergman's
Form





ANY QUESTIONS RELATED TO JHS & RUNNING START?

Remember you need to stay for the
college specific presentation after,
and can ask school specific questions
there.

Thank you!