

Juanita High School

Junior Handbook

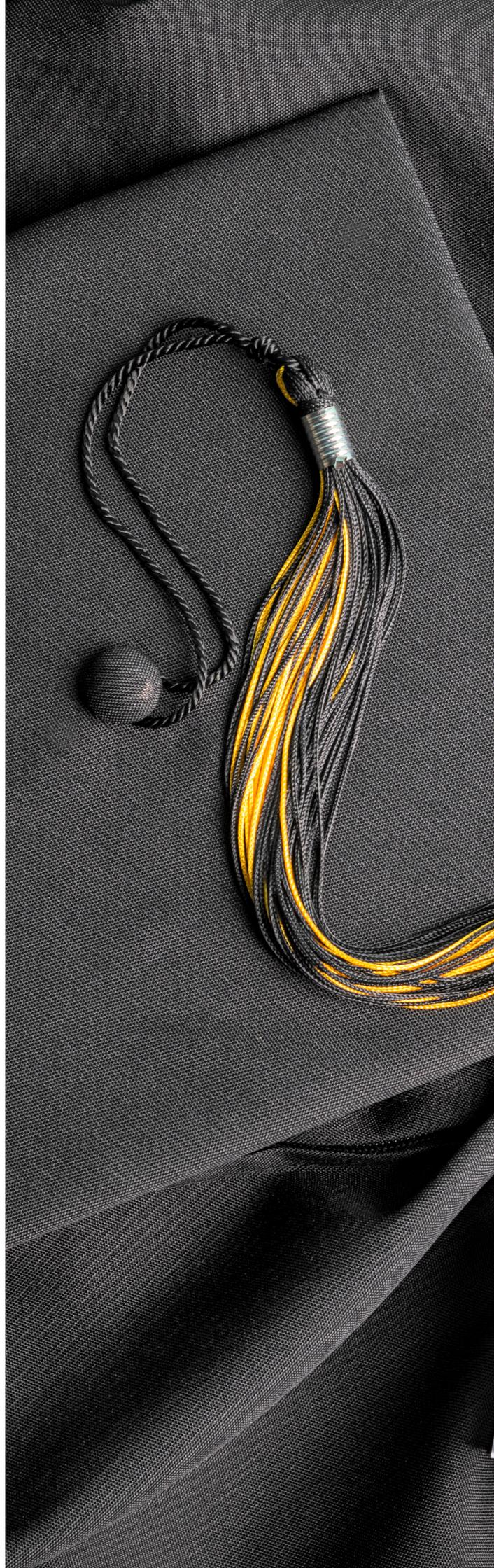


JHS Counseling & JHS College & Career Center



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COLLEGE & CAREER CENTER

The College & Career Center is available to help with

- College applications
- Financial aid applications
- Scholarships
- Job searches
- Apprenticeships
- Military
- Resume building
- Career exploration
- Volunteer connections
- and more!

Check out the College & Career Center on Teams or email Mrs. Rodland, kephillips@lwsd.org with any questions.



COLLEGE & CAREER EXPLORATION

Need help exploring careers?

- Check out Xello (CCC Teams) or login at Xello and go to Explore Options--> Career, to learn more about various careers and how to plan for them. Find salary information, skills and training required, and find video interviews with real people in the career field.
- Washington Career Bridge - Explore careers, view job trends and search educational programs.
- College & Career Compass - Identify educational pathways that can lead to promising careers and a brighter future.
- CareerOneStop - Explore careers, education needed, and how to find jobs.



TWO YEAR & TECHNICAL COLLEGES

If you're wanting to stay local, save money, or you only need a 2-year degree or the job you want, there are incredible 2-year schools in our area.

- LWTech (they have degrees in dental hygiene, behavioral healthcare, occupational therapy assistant, machinery and so much more).
- Cascadia (degrees in mobile application development, sustainable practices, pre-nursing and more).
- Bellevue College (degrees in accounting, interior design, information systems technology, Healthcare informatics and more).
- Seattle Colleges (degrees in respiratory care, Healthcare services management, IT networking, and more).



FOUR YEAR COLLEGES & UNIVERSITIES

Use a tool such as [Corsava](#) to identify your "must haves", "would be nice", and "no ways".



Use Search Engines and Lists to Find Schools - [Big Future](#), [Xello](#), [College Xpress](#), [Niche](#), [College Navigator](#)



Visit Campuses In Person or via Virtual Tours - [YouTube](#), [YOUiversity](#), [Campus Reel](#), and the [CCC's "Live Wednesday's"](#)





MILITARY

The United States Military includes the Army, Navy, Air Force, Marines, Coast Guard, Reserves and National Guard. Some members work in occupations specific to the military, such as fighter pilots or infantrymen, while others work in occupations that also exist in the civilian workplace, such as nurses, doctors, and lawyers. The Military offers both Enlisted and Officer routes. Both routes offer ways to serve your country and get a college degree, and/or training in exchange for a required period of service.

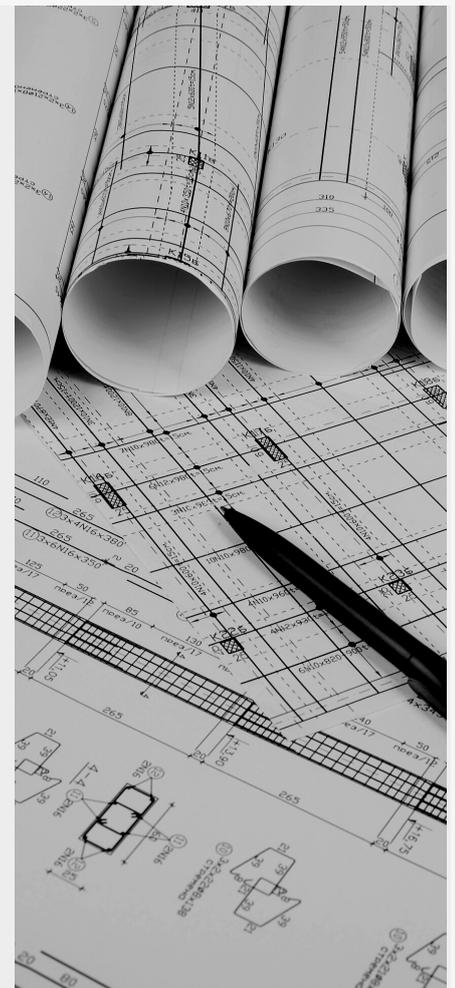
- www.asvabprogram.com
- www.marines.com
- www.navy.com
- www.goarmy.com
- www.airforce.com
- www.nationalguard.com
- www.gocoastguard.com

APPRENTICESHIPS

Apprenticeships offer a combination of on-the-job training and classroom instruction under the supervision of a journey-level craft person or trade professional. Workers earn a paycheck while learning the practical and theoretical aspects of a highly skilled occupation.

LINKS

- [How to Apply for an Apprenticeship](#)
- [Construction Center of Excellence Program](#)
- [LNI Apprenticeship Search](#)
- [Aerospace and Advanced Manufacturing Resources](#)
- [Pre-Apprenticeship Information](#)
- [Parents Guide to Apprenticeship](#)
- [PSE Apprenticeships](#)
- [Apprenticeship Guidebook](#)



SENIOR YEAR TIMELINE

Summer before Senior Year

- Be active; get a job, internship, or volunteer to boost your resume.
- Go online to request college view books, application forms, scholarship information, and financial aid information from your selected college list. (Make sure all applications are dated for the appropriate filing year as a new freshman.)
- Visit the campuses of your top college choices.
- Gather application materials from colleges.
- Start brainstorming on admission essays.
- Start your list of colleges. By the end of summer, you should have narrowed your list down to 10-12.
- Common Application – Many colleges use the Common Application, found online. You can register a Common App account and become familiar with it over summer.
- Register for the SAT or ACT (check to see if the schools you're applying to are moving to test-optional)
- Visit College Campuses that you're interested in. (Virtual visits are available too!)

SENIOR YEAR TIMELINE

Fall

- Take charge in your extracurricular activities and continue to demonstrate leadership.
- If you have not already, make sure you are registered to take either the SAT or ACT and study for the tests. (Check to see if the schools you're applying to are moving to test-optional)
- Check out the SAT/ACT Test Prep in Xello. You can also check out SAT/ACT prep books in the College & Career Center.
- Finalize your college list. Narrow your list of colleges to between 5 and 10.
- Begin your college applications.
- Meet with a counselor about your post-secondary choices.
- If you plan to get in the workforce immediately or want to obtain technical trade skills, check in with your counselor and Mrs. Rodland to learn about your resources.
- Attend virtual college visits and don't be afraid to contact college representatives for more information.)

SENIOR YEAR TIMELINE

January - February

- Apply to any additional colleges you're still considering.
- Continue to keep up your grades as you wait to hear decisions from schools.
- After receiving your first semester grades, request an official transcript and mail it to the colleges you've applied to.
- Kick scholarship search into full gear. Use College & Career Center resources!

March

- Watch your mail between March 1 and April 1 for acceptance notifications from 4-year colleges and universities. Compare financial aid awards you receive. Don't be afraid to negotiate your award with the financial aid department of the college. Ask Mrs. Rodland for more info.

April

- Visit colleges to which you've been accepted to if you still need help making a decision.
- Keep an eye out for financial aid award letters around April and consider appealing if you have not been awarded a fair amount by a particular college.

SENIOR YEAR TIMELINE

May

- Decide on a college and send the Enrollment Confirmation Form no later than May 1.
- Make final decision by May 1 and let your counselor know which college you're planning on attending.
- If you have won any scholarships, please indicate the amount and name of your award and give this information to Mrs. Rodland in the College & Career Center.
- Thank you letters: make sure that you take the time to write thank you letters to those who wrote letters of recommendation and those who helped you with this process (teachers, parents, coaches, counselors, etc).

June & Summer before College

- GRADUATION: CONGRATS!
- As part of your senior checkout, you must let Mrs. Hamilton know where to send your final transcript. This means you must let her know which college to send it to!
- Housing: if you're living on campus, make sure that you know where you'll be living in the fall. Check your college email to stay in the know!
- Register for classes: as soon as you can, start registering for classes. Talk with an advisor and see which classes are going to be the best for you!
- Roommate: if you're living on campus, make sure to contact your future roommate and connect!





FINANCIAL AID

Everyone should apply for financial aid, regardless of what your plans are for next year.

- FAFSA

- Everybody should apply for Financial Aid (FAFSA) on October 1st. Filling out your college applications and filling out the FAFSA (Free Application for Federal Student Aid) go hand-in-hand. Financial aid is funding to help you pay for college, such as scholarships, grants, loans and work-study. Everyone applying to college (4-year, community, or technical) should apply for Financial Aid, regardless of your family's income. If you are undocumented, talk to your counselor about filling out the WASFA, which is state financial aid for undocumented students.



SCHOLARSHIPS

There are many private scholarships available. Start early by creating an account with WashBoard where you can find hundreds of scholarships matched just for you! Apply for as many as you can and get money to help you pay for college. WashBoard website:

<https://washboard.wsac.wa.gov/login.aspx>

Western Undergraduate Exchange (WUE)

While this may not exactly be the traditional idea of financial aid, it can help significantly reduce the cost of tuition if you qualify and are applying to a participating school.

College & Career Center (CCC)

The CCC has an extensive list of scholarships available to our students. Local, regional and national level scholarships can be found on the CCC Teams Page.

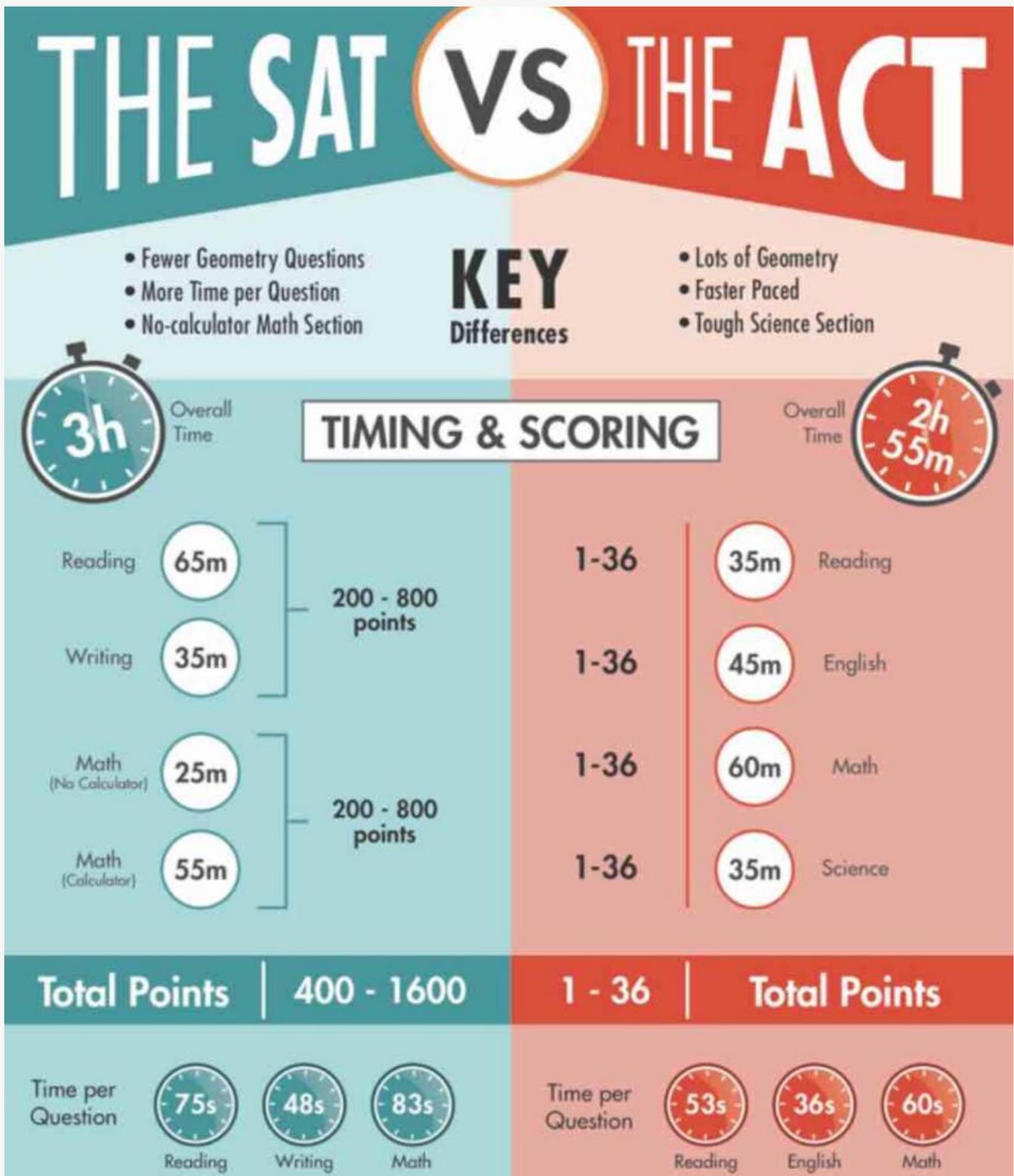
SAT/ACT

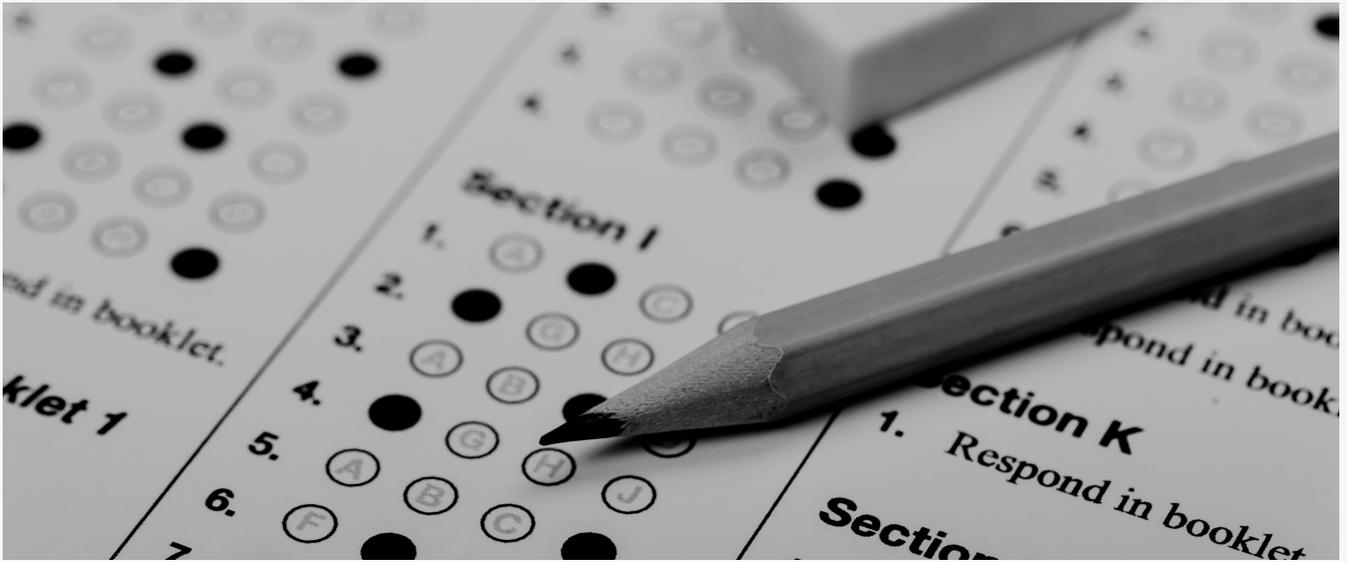
Covid-19 Updates:

•College Board is monitoring the spread of the coronavirus (COVID-19). The health and safety of those we serve is our top priority. During this time, we're following advice from public health officials and local education leaders, the best people to decide whether or not to close your test.

•SAT Registration: [Click here](#)

•ACT Registration: [Click here](#):





TEST PREP

Method Test Prep (XELLO)

- Method Test Prep offers 25 hours of preparation through practice exams and quizzes which concentrate on Math as well as English. It is both free as well as very comprehensive. MTP can be found by visiting the XELLO site.



HIGH SCHOOL AND BEYOND PLAN

- Identification of your career goals using a career interest inventory. (About Me-Xello)
- Identification of your educational goals. (4 Year Course Planner-Xello)
- A course plan that meets state and local graduation requirements, aligns with your career and educational goals, and documents your chosen graduation pathway(s).
- Evidence you received information about state and federal financial aid options. (Xello and College & Career Center)
- A current résumé or activity log. (Xello & English class)

*Stay current on your interests and skills and update in Xello as needed. Courses should be planned and taken with your goals and interests in mind. High School is preparing you for work life, college life and more. Let's plan it together!

GRADUATION PATHWAYS

IN ADDITION TO PASSING YOUR
COURSES AND EARNING 24 CREDITS,
YOU MUST COMPLETE A GRADUATION
PATHWAY AS SHOWN BELOW

Smarter Balanced Assessment (SBA)

Students meeting this graduation pathway need to earn at least the following scores on the high school English Language Arts (ELA) and math Smarter Balanced Assessment (SBA) of:

Score on ELA - 2548

Score on math - 2595

ACT / SAT / AP / Cambridge Exams

Students may use scores on college admissions (ACT, ACT with Writing, SAT, SAT with Essay), and specified Advanced Placement (AP) or Cambridge tests, to show they possess the knowledge and skills expected of high school graduates.
site.

GRADUATION PATHWAYS

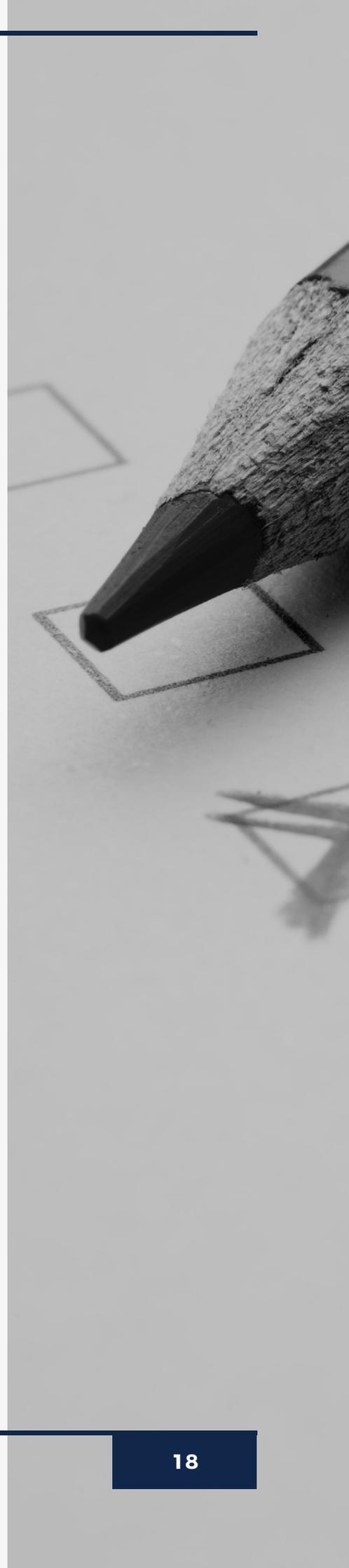
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Dual Credit Courses

A student who completes a dual credit course in English language arts or mathematics in which the student has the potential to earn college credit may use passage of the course as a graduation pathway.

Armed Services Vocational Aptitude Battery (ASVAB) Test

For a student who takes the ASVAB while in high school and earns at least the minimum score on the Armed Forces Qualification Test (AFQT) portion of the test, it may be used to meet the graduation pathway.



GRADUATION PATHWAYS- CTE

To use CTE coursework to fulfill Graduation Pathway requirements, students need to have passed at least 2 credits of courses in the same Career Pathway.

WANIC

- Dental Careers (3)
- Health Science Careers (3)
- Medical Careers (3)
- Automotive Tech 1 (3)
- Automotive Tech 2 (3)
- Video Game Programming 1 (3)
- Video Game Programming 2 (3)
- Art & Animation 1 (3)
- Art & Animation 2 (3)
- Music & Sound Design 1 (3)
- Music & Sound Design 2 (3)
- Fire & EMS 1 (3)
- Fire & EMS 2 (3)

Skilled & Tech-Art

- Photography 1A (.5)
- Photography 1B (.5)
- Photography 2A (.5)
- Photography 2B (.5)
- Digital Design I (.5)
- Technical Theater (1)
- Yearbook I (1)

Business & Marketing

- Business & Marketing Foundations (1)
- Microsoft Office Specialist I (.5)
- Personal Finance (.5)
- Retail Operations (1)
- Business & Marketing Management (1)
- AP Computer Science Principals (1)
- AP Computer Science A (1)
- Leadership Development (1)
- Leadership Project Management (1)
- AP Statistics (1)

Human Services

- American Sign Language I (1)
- American Sign Language II (1)
- American Sign Language III (1)
- Child Development I (.5)
- Psychology (.5)
- AP Psychology (1)
- Teacher Education Academy (1)
- Interior Design (.5)
- Culinary Arts I (.5)
- Food Science (.5)
- International Foods (.5)

STEM

- Architecture & Engineering I (1)
- Architecture & Engineering II (1)
- Engineering & Computer Science (.5)